

Prayer Exercise #5—Jan 31-Feb 6

Spend some time in the morning and evening with Father

- Feel free to pray from the structure of The Shema, The Lord's Prayer, The Amidah or any other Scripture prayer. There is no specifically assigned prayer as in previous weeks. Allow what you have learned and practiced to shape and add to your conversation with the Father.
- Include Scripture reading into this time.

Pray without ceasing

- Be constantly aware of the Spirit's presence in your life and day. Heighten your awareness by giving thanks to Father for the specific blessings He provides.
- Meditate on a Scripture verse, thought or story throughout the day.
- Pray for the needs of others when they strike your mind. This often is the Spirit making us aware and calling us to prayer. These prayers don't have to be long to be effective. Even calling out someone's name before the Lord is important. You may want to write it down and contact the person at a later time.
- When someone asks for prayer for themselves or someone else, pray for or with that person right then, if appropriate. Be careful not to embarrass or offend or take time from your job. It's perfectly OK to pray in public as long as you don't make a spectacle of it. Pull them aside and go to the Father right then and there.
- Listen for the Spirit's still, small voice and respond to His lead.

Bible Lessons:

- Complete the three Bible Lessons for this week.

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Bible Lessons:

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Bible Lesson #7: 2 Chronicles 7:14

2 Chronicles 7:14 is considered to be one of the classical verses to prompt and encourage us to pray. It is loaded with instruction and promise.

Read: 2 Chronicles 3-7

This is the story of Solomon building and dedicating the Temple. 2 Chronicles 7:12 says the Lord appears to Solomon by night and gives him these words. Let's outline and learn from this.

2 Chronicles 7:13 - In what ways does God send judgment to correct and restore His people? _____

Does He still do this today? _____
Read Hebrews 12:1-13.

Do you think America is experiencing the chastening of the Lord? Why? And in what ways? _____

Have you ever experienced this on a personal level? Explain. _____

2 Chronicles 7:14 - The Instruction

Who is to pray? _____

What are we to do?

1. _____
2. _____
3. _____
4. _____

2 Chronicles 7:14 - God's Three Part Promise

1. _____
2. _____
3. _____

Solomon was dedicating the Old Testament Temple in Jerusalem. Today, because of Jesus, you and I are the Temple of God and His Spirit dwells in us. With this understanding, let the truths of this passage be some much needed instruction. Remember, it's not the prayer that heals us, but rather the Father to Whom we pray. God will not do our part and we cannot do God's part.

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Bible Lesson #8: Acts 4:24-31

Read Acts 3-4

In order to understand this prayer, read the entire story from Acts 3-4. Interesting to note that they do not ask for relief from the struggle, but rather, boldness and strength to face it and overcome it.

Their Prayer

Read Acts 4:24-30 again.

- Notice how vs 24 is similar to “Our Father in heaven”.
- Verses 25-26 are from Psalm 2:1-2. Jesus and the Apostles used the Psalms to shape and structure their prayers.
- Notice how vs 25-28 are about the Kingdom and Will of God.
- Notice how vs 29-30 are the “Give us...” This is a prayer of total dependence upon God’s leadership, power & provision.
- These believers were following the Jesus way to pray.

Their Two Part Request (vs 29-30)

1. _____

2. _____

The Lord’s Answer (vs 31-33). Write it out below.

The Lord responded to these believers in a very dramatic fashion. All of our prayers will not be answered in this manner. But, we can be sure that God hears and will answer in a powerful and appropriate way.

Pray a prayer structured around Acts 4:24-30.

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Bible Lesson #9: Things to Pray For

Below is a list of Scriptures that give us specifics on what to pray for. You may want to read the surrounding verses. Some of these are direct instruction and some are actual prayers that show us what others have prayed for. This is not a comprehensive listing.

Pray these as you go along.

Luke 10:2 _____

James 1:5 _____

2 Thessalonians 3:1-2 _____

Ephesians 6:18-20 _____

Colossians 4:2-4 _____

Philippians 1:9-10 _____

Romans 15:30-31 _____

Colossians 1:9-12 _____

Ephesians 1:15-23 _____

1 Timothy 2:1-4 _____

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